

THE WRIGHT STUFF



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THE WRIGHT STUFF

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Publisher J.R. Fisher
Editors Jane Fisher
John Troan



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Wright Flyer from NASA/Ames PAO photo archive; *U.S.S. Kitty Hawk* (USN CV-63) from navicp.navy.mil; *Constitution* class cruiser from gwu.edu/~rljones/khawk.

IMAGE - Featured Front Page

Lunar eclipse from Feb 21. Taken with an Olympus 550UZ in full point-and-shoot mode.

A View From the Catbird Seat

By J.R. Fisher



We are in a new year and it is important for everyone to get current with both their Kitty Hawk dues and their STARFLEET dues. For us, it is the money we use to do our charity work since we no longer do Raleigh First Night or Spring Jazz and Arts Festival. You can also help our treasury by bringing aluminum to our meetings which we recycle and by purchasing items that have been donated to us, such as the books.

On February 16th, ten of our crew, including one friend, went to UNC-TV to man the phones for Festival. This was only half of the usual twenty we normally have attend

and had anticipated. We are scheduled to do the D-shift (6 p.m. - 11:30 p.m.) again on March 1, following our monthly meeting. I hope that we will have a better turnout at that time. Remember, when we have twenty or more people from our group, we are given air time. This is a chance to get the word out about STARFLEET and Kitty Hawk. Uniforms, costumes, t-shirts are the appropriate attire. Solid colors if the above is not in your wardrobe. Also, remember, they feed us.

We have one new promotion to report this month: Galen Pischke completed OTS with honors and is promoted to the rank of ensign. Congratulations Galen, from the entire crew.

As most of you probably already know, the new Star Trek movie has been postponed from a Christmas release to a May 2009 release. Hopefully we will be able to make a connection with one of the local theaters and do some presentations, etc., at the opening.

We hope as many of you as is possible will make the upcoming events and meetings. We would like to plan some outings and events for the spring as the weather gets nicer. There will be plenty of conventions within easy driving distances this year, so maybe we can at least do some day trips.

See everyone soon!

Esse Quam Videri

Medical Report

By Amy DeJongh

13 Healthy Habits to Improve Your Life

1. Eat Breakfast Every Morning - Breakfast eaters are champions of good health. Research shows people who have a morning meal tend to take in more vitamins and minerals, and less fat and cholesterol. The result is often a leaner body, lower cholesterol count, and less chance of overeating.
2. Add Fish and Omega-3 Fatty Acids to Your Diet - The AHA recommends a serving of fish two times per week.
3. Get Enough Sleep - This may sound like common sense, but according to the National Sleep Foundation (NSF), more than two-thirds of older adults suffer from sleep problems and many American adults don't get the minimum amount of shuteye needed to stay alert.
4. Make Social Connections - Volunteer. Go to church. Join a club. Whatever you do, do it with people. Communal activities are good for your physical and mental health, according to a study published in the March/April 2004 issue of the American Journal of Health Behavior.
5. Exercise for Better Health - We already know that physical activity has a bounty of benefits, which makes it so puzzling why so many people just don't do it. According to the CDC, more than 60% of Americans do not get regular exercise.
6. Practice Good Dental Hygiene - Flossing your teeth every day could add 6.4 years to your life.
7. Take Up a Hobby - Since they are relaxing activities, hobbies are usually enjoyable. Some people find joy in craft work, bird watching, sports, going to flea markets, walking in the park, or playing cards. The joy may help people live healthier and recover better from illness. For one thing, taking part in hobbies can burn calories, more so than just sitting in front of the TV.
8. Protect Your Skin - The sun has harmful ultraviolet (UV) rays that can cause wrinkles, dryness, and age spots. Overexposure can cause sunburn, skin texture changes, dilated blood vessels, and skin cancers.
9. Snack the Healthy Way - The ADA recommends five or more servings of fruits and vegetables a day as part of a healthy diet.
10. Drink Water and Eat Dairy - Water and milk are essential fluids for good health, but they can also help with shedding pounds.
11. Drink Tea - There is some evidence that tea may help in improving memory, and preventing cavities, cancer, and heart disease
12. Take a Daily Walk - An eight-year study of 13,000 people also showed that people who walked 30 minutes daily had a significantly reduced chance of premature death compared with those who rarely exercised
13. Plan - There is, perhaps, no better word in the English language to better illustrate how you can incorporate healthy habits into your everyday life.

DEEP SPACE NINE - "A Second Opinion"

By Brad McDonald

Brad's notes on A Second Opinion --

This is not complete -- no set listings, cast, pronunciation guide, and so on. Also, I wrote this very early on, before I realized Bashir was a very cocky person & not subject to doubt. That's why I never finished it. Know your subjects. I missed the mark, but it's a fair story otherwise.

TEASER

FADE IN:

EXT. SPACE - DEEP SPACE NINE AND BLUE HORIZON (OPTICAL)

The station is being visited by a small transport ship.

INT. AIR LOCK ENTRY

We see the routine arrival of several visitors, the usual mix of travelers, tradesmen, new personnel and riff raff. Odo notices one particularly unsavory person and moves in to confront him. Odo is humorless and determined.

TWO SHOT - ODO AND REDIK

ODO
(sarcastic)

Fernal Redik! I hadn't expected to see you on this station again.

REDIK
(surly)

Odo, you know this is my 'favorite' place to visit.

(beat)

Kinda' thought you'd be out of a job when the Cardassians left...

ODO

I'm more valuable than that. I have a long memory, which includes your last visit. Three fights and a few missing valuables.

Redik reacts visibly, then attempts to recover with a weak smile and feigned innocence.

REDIK
(smiling)

Nothing was ever proved, ado. You would have put me in the brig if it had. Besides, the Provisional Government requested my presence.

It's obvious that Odo doesn't believe a word.

ODO
(firm)

While you're on this station, you will behave yourself. I will be watching and at the first sign of trouble, you'll be asked to leave the station.

Redik tries to make light of the situation.

REDIK

With or without a ship?

Odo isn't smiling and does not respond. Redik becomes surly again.

REDIK

I'll 'try' my best to stay out of trouble.

AIR LOCK ENTRY - WIDE ANGLE

Odo watches as Redik walks away. Then Odo notices an

elderly human wandering with a lost look, and greets him.

ODO

May I help you, Sir?

The older man is a bit startled by Odo's words, but seems very grateful for the assistance.

ALBERT

(grateful, smiling)

Yes, yes! I'm looking for Doctor Julian Bashir.

ON ODO

ODO
(thoughtfully)

He usually has lunch with Garek at this time. Since it's Thursday, you'll probably find them at the Klingon kiosk.

He points in the direction of the kiosk.

ODO
(continuing)

Main promenade, this level. About halfway down that corridor

ON ALBERT

The older gentleman seems genuinely appreciative and very friendly. A very likable person, a complete opposite of Redik.

ALBERT

Thank you very much, Odo. We must talk as soon as I get settled, Okay?

AIR LOCK ENTRY - WIDE ANGLE

As the older man moves off Odo stares at him with a look of

puzzlement, he has no idea who the man is.

KLINGON KIOSK - WIDE ANGLE

Bashir and Garek are seated at the kiosk, eating and engaged in conversation. There are people all around similarly occupied.

GAREK
(eating)

Doctor, you just don't understand. The purpose of literature is to enforce the ideology of the state!

Bashir has obviously exhausted his arguments and is simply trying to end the discussion, diplomatically.

BASHIR

Maybe on Cardassia, but on Earth and most other worlds, it can also question it. It makes you think, it challenges your beliefs and then forces the government to answer to the people that it's supposed to serve.

GAREK
(horrified)

What a horrible concept! That would lead to chaos and anarchy. No wonder Earth has had such a violent history.

In the B.G., we can see the elderly stranger approach.

BASHIR
(exasperated)

Maybe, maybe not, but it has made us stronger in the long run. It's part of the checks and balances of our society--

TWO SHOT - BASHIR AND ALBERT

Bashir's lecture is interrupted by the older man calling out to the doctor as he approaches from one side.

ALBERT
(happy)

Julian!

Bashir turns to see the older man and jumps up with delight, and moves to meet him.

BASHIR
(moving, excited)

Father!

The two embrace, warmly.

Off their actions...

FADE OUT.

END OF TEASER

THE END

From the Diplomatic Corps By Meg Hale

If you would like to collect items for the Women's Center of Wake County's Christmas party, they need:

- Dolls, especially African- American dolls
- Balls, for any sport
- Stickers
- Any little puzzles or toys, for boys or girls (I pick up things from the dollar section at Target, like a dinosaur puzzle or Tweety stationary set)
- Costume jewelry, for little or big girls
- Watches
- Umbrellas (small folding umbrellas)
- Small stuffed animals
- Scarves, gloves, hats, or sets of these
- Hygiene items, like small soaps, manicure kits, etc.

I can pick things up at a Kitty Hawk meeting, or we could arrange to meet if you have something.

It Came from the Library

The North Regional Library has a book club! Starting on May 2, 2008, we will partner with the North Carolina Museum of Natural Science to have a book discussion group that coincides with their "First Friday" movie night. The first book will be *I Am Legend* by Richard Matheson. We will meet at 5:45 p.m., on the first floor of the museum. Afterwards, we will watch *The Omega Man*.

Right now, they plan to meet every other month. If you are interested, contact Sharon Stegemeyer:

sharon.stegemeyer@co.wake.nc.us

Computer Operations Report By John Troan

Needless to say, this edition of the newsletter didn't make the end-of-month target. At least it gave me time to finish cleaning up the pictures on page 7. Scanning a photocopy of an image almost always comes out as a *really* bad quality version of that image, which takes time & effort to clean up.

After getting the fuel tank gauge problems fixed, NASA was able to launch *Atlantis* last month and

resume building the station, adding the European lab *Columbus*. The next mission, scheduled to launch this week, is bringing up the first part of the Japanese lab *Kibo* and an add-on for the station's arm. Because of the fine motor control & sensor feedback *Dextre* has built into it, it can do a lot of the repairs and maintenance that currently require astronauts to EVA.

Looking to the Constellation program, there's an opportunity

coming up next week for reporters to see -- and climb into -- a simulation of the Ares I second stage. After being outfitted with test instrumentation, it'll be sent to Florida to be part of the first Ares I test flight in April 2009.

In space science news, there's evidence that Saturn's moon Rhea may also have a ring system. A debris disk around Rhea was detected as *Cassini* went past it in the probe's continuing mission around Saturn.

Security Report

By Spring Brooks

February is almost over and me with only my cat. Churches have singles meetings, Sierra Clubs, over 30's (over 50's in my case) I thought why not *Star Trek*? Well, of course someone had already thought of it. Looking for a soul-mate or someone to attend conventions?

Welcome to Trek Passions!

<http://www.trekpassions.com>

A 100% free Sci Fi personals & social networking community site for science fiction lovers, including but not limited to lovers of *Star Trek* and *Star Wars*. Find others who share your passion for Sci Fi. Meet people who read Isaac Asimov, Ben Bova, Robert A. Heinlein, Douglas Adams, Arthur C. Clarke & more. Grok!? Whether you are just looking for like-minded friends, someone fun to attend a Sci Fi convention with, or maybe something more, Trek Passions is here for you. Sign up now to enjoy free Sci Fi chat, message boards and email. And on top of all that, enjoy something extra.

The photos are definitely more off the wall than the usual match.com or eharmony.com.

The information is about the same however.

lovetoat

- ♦ meet someone exciting and kinky
- ♦ A woman with a steel rod.
- ♦ 53 years old | Raleigh Durham, North Carolina

I think not. Then I thought why limit myself to the Triangle, NC, USA, the world? Ha! Once again I'm too late. I found an alien dating device. And a dating service.

Scenario: You meet Jim. He is sweet, kind and most importantly, easy to talk to. It's as if you've known him your whole life. And hugging him, no matter where you may be, feels like home. Of course he's an alien (or possibly a robot). But what you probably didn't realize is that YOU are an alien, too. Now if you'd picked up an \$18.95 Alien UFO Detector Strap earlier, you wouldn't have dumped the one life form in the *entire galaxy* with whom your sexual organs are compatible.

<http://gizmodo.com/gadgets/gadgets/alien-ufo-detector-strap-dating-necessity-243291.php>

Craigslist has offered to hook you up with an alien...from outer space. Craigslist has announced plans to offer its users the opportunity to have their postings transmitted trillions of miles beyond the confines of the Solar System. It looks like we may hit 2 billion page views per month in March here on Earth," noted craigslist customer service rep and founder, Craig Newmark. "We wanted to be the first to offer free job postings, apartment

listings, personals and other classifieds to the extraterrestrial community. We believe there could be an infinite market opportunity," chuckled Craig as he turned back to his computer screen to respond to craigslist customer service emails. craigslist announced the ambitious plan after CEO Jim Buckmaster won an auction on eBay for the first private communication to be transmitted into deep space by Deep Space Communications Network, of Cape Canaveral, Florida. Buckmaster said "We're thrilled to offer our users this historic opportunity", and added that negotiations were ongoing with DSCN for transmission capacity orders of magnitude beyond those offered in the original auction, to



accommodate the interstellar messaging needs of the mammoth online community.

[Selected] General Guide to STARFLEET Ranks


From Member Handbook, 1995 edition

TO: 06:03:02

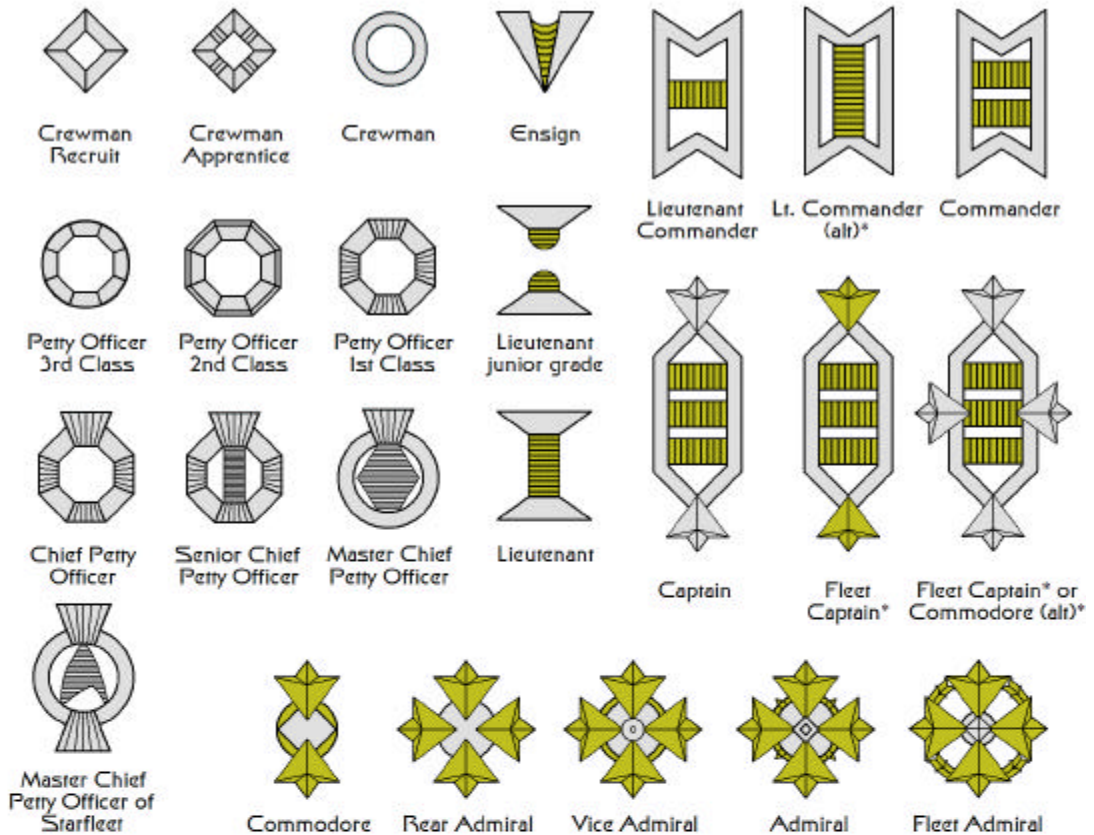
The Movies:

For *Star Trek II: The Wrath of Khan*, the producers opted to go in a different direction with the look of Star Trek. This went all the way down to the way rank was indicated. What they developed consisted of metal rank "bars" that pinned onto the uniform. This has the distinction of being the only system fully developed (*with the exception of Fleet Captain*) from Crewman Recruit to Fleet Admiral.

This system has been in use through all subsequent movies up to and including ST:VII with occasional appearances on Next Generation.

 Silver
 Gold

* Speculative rank designation
Emblems 50% actual size



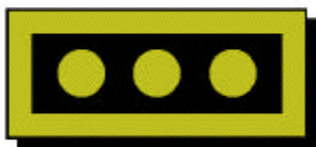
TO: 06:03:03

Generations:

In succeeding Star Trek series, beginning with *The Next Generation*, a simpler method is used. Small round rank "pips" are placed on the right collar. From Lieutenant (jg) to Captain this system is pretty clearly defined in various episodes. However, above and below that it could get rather contradictory from time to time.








Although in some early episodes the rank pips appear silver, for STARFLEET purposes Commissioned Officer ranks are considered to be gold pips. Silver pips are used to indicate Enlisted grades.

Flag officers in the *Next Generation* have had little to no consistency. Thus our designations are more speculative based on the style shown in later seasons.










Slightly smaller than actual size
* Speculative rank designation






Enlisted Ranks (silver)

Petty Officer Third Class*	
Petty Officer Second Class*	
Petty Officer First Class*	
Chief Petty Officer*	
Senior Chief Petty Officer*	
Master Chief Petty Officer*	
Master Chief Petty Officer of Starfleet*	

Commissioned Ranks (gold)

Ensign	
Lieutenant (jg)	
Lieutenant	
Lt. Commander	
Commander	
Captain	
Fleet Captain*	

Flag Ranks

Commodore*	
Rear Admiral	
Vice Admiral	
Admiral	
Fleet Admiral*	

Upcoming Events

Mar	1	4 p.m. Ship Meeting, Fisher Home
	1	6 p.m., Festival @ UNC-TV
Apr	5	4 p.m. Ship Meeting, Fisher Home

DON'T FORGET TO CHECK YOUR STARFLEET STATUS

THE WRIGHT STUFF
U.S.S. KITTY HAWK
P.O. BOX 52112
RALEIGH NC 27612-2112